The American Journal of Cardiology

Safety and Efficacy of Direct Oral Anticoagulants Versus Warfarin in Patients With Chronic Kidney Disease and Atrial Fibrillation

Amber Makani, MD, Samir Saba, MD, Sandeep K. Jain, MD, Aditya Bhonsale, MD, Michael S. Sharbaugh, MPH, Floyd Thoma, BS, Yisi Wang, MPH, Oscar C. Marroquin, MD, Joon S. Lee, MD, N.A. Mark Estes, MD, Suresh R. Mulukutla, MD

American Journal of Cardiology
Volume 125, Issue 2, Pages 210-214 (January 2020)
DOI: 10.1016/j.amjcard.2019.10.033



Safety and Efficacy of Direct Oral Anticoagulants Versus Warfarin in Patients With Chronic Kidney Disease and Atrial Fibrillation



Amber Makani, MD, Samir Saba, MD, Sandeep K. Jain, MD, Aditya Bhonsale, MD, Michael S. Sharbaugh, MPH, Floyd Thoma, BS, Yisi Wang, MPH, Oscar C. Marroquin, MD, Joon S. Lee, MD, N.A. Mark Estes, MD, and Suresh R. Mulukutla, MD*

Patients with atrial fibrillation (AF) commonly have impaired renal function. The safety and efficacy of direct oral anticoagulants (DOACs) in patients with chronic kidney disease (CKD) and end-stage renal disease has not been fully elucidated. This study evaluated and compared the safety outcomes of DOACs versus warfarin in patients with nonvalvular AF and concomitant CKD. Patients in our health system with AF prescribed oral anticoagulants during 2010 to 2017 were identified. All-cause mortality, bleeding and hemorrhagic, and ischemic stroke were evaluated based on degree of renal impairment and method of anticoagulation. There were 21,733 patients with a CHA₂DS₂-VASc score of ≥ 2 included in this analysis. Compared with warfarin, DOAC use in patients with impaired renal function was associated with lower risk of mortality with a hazard ratio (HR): 0.76 (95% confidence interval [CI] 0.70 to 0.84, p value <0.001) in patients with eGFR >60, HR 0.74 (95% CI 0.68 to 0.81, p value <0.001) in patients with eGFR >30 to 60, and HR 0.76 (95% CI 0.63 to 0.92, p value < 0.001) in patients with eGFR ≤ 30 or on dialysis. Bleeding requiring hospitalization was also less in the DOAC group with a HR 0.93 (95% CI 0.82 to 1.04, p value 0.209) in patients with eGFR >60, HR 0.83 (95% CI 0.74 to 0.94, p value 0.003) in patients with eGFR >30 to 60, and HR 0.69 (95% CI 0.50 to 0.93, p value 0.017) in patients with eGFR ≤30 or on dialysis. In conclusion, in comparison to warfarin, DOACs appear to be safe and effective with a lower risk of all-cause mortality and lower bleeding across all levels of CKD. © 2019 Elsevier Inc. All rights reserved. (Am J Cardiol 2020;125:210–214)

Table 1
Baseline demographics and characteristics stratified by anticoagulation strategy

Variable	Total	DOAC	Warfarin	p Value	
# Of patients	21,733	10,794	10,939		
Age (years)	75.7 ± 9.96	75.0 ± 9.97	76.4 ± 9.91	< 0.001	
Female	10,862 (50.0%)	5,472 (50.7%)	5,390 (49.3%)	0.036	
Race				< 0.001	
White	20,493 (94.3%)	10,229 (94.8%)	10,264 (93.8%)		
Black	981 (4.5%)	419 (3.9%)	562 (5.1%)		
Other	259 (1.2%)	146 (1.4%)	113 (1.0%)		
Body Mass Index (Kg/M ²)	30.4 ± 7.23	30.7 ± 7.34	30.2 ± 7.11	< 0.001	
Estimated glomerular filtration rate	62.3 ± 25.7	64.9 ± 23.3	59.7 ± 27.7	< 0.001	
Obe sity*	14,525 (66.8%)	7,642 (70.8%)	6,883 (62.9%)	< 0.001	
Cancer	3,514 (16.2%)	1,839 (17.0%)	1,675 (15.3%)	< 0.001	
Lung cancer	231 (1.1%)	120 (1.1%)	111 (1.0%)	0.486	
Dialysis	181 (0.8%)	34 (0.3%)	147 (1.3%)	< 0.001	
Major bleeding	2,807 (12.9%)	1,512 (14.0%)	1,295 (11.8%)	< 0.001	
Pulmonary hypertension	1,086 (5.0%)	430 (4.0%)	656 (6.0%)	< 0.001	
Chronic obstructive	3,252 (15.0%)	1,590 (14.7%)	1,662 (15.2%)	0.339	
Pulmonary disease					
Congestive heart failure	6,000 (27.6%)	2,473 (22.9%)	3,527 (32.2%)	< 0.001	
Diabetes mellitus	7,047 (32.4%)	3,340 (30.9%)	3,707 (33.9%)	< 0.001	
Coronary artery disease	6,792 (31.3%)	3,202 (29.7%)	3,590 (32.8%)	< 0.001	
Hypertension*	16,395 (75.4%)	8,362 (77.5%)	8,033 (73.4%)	< 0.001	
Hyperlipidemia*	13,697 (63.0%)	7,042 (65.2%)	6,655 (60.8%)	< 0.001	
Stroke	3,360 (15.5%)	1,720 (15.9%)	1,640 (15.0%)	0.055	
Hemorrhagic stroke	176 (0.8%)	78 (0.7%)	98 (0.9%)	0.154	
Vascular disease	1,262 (5.8%)	625 (5.8%)	637 (5.8%)	0.917	
Deep venous thrombosis	682 (3.1%)	268 (2.5%)	414 (3.8%)	< 0.001	
Pulmonary embolism	731 (3.4%)	244 (2.3%)	487 (4.5%)	< 0.001	
CKD group				< 0.001	
EGFR<=30 (ml/min) or dialysis	1,525 (7.0%)	475 (4.4%)	1,050 (9.6%)		
EGFR >30-60 (ml/min)	9,118 (42.0%)	4,273 (39.6%)	4,845 (44.3%)		
EGFR >60 (ml/min)	11,090 (51.0%)	6,046 (56.0%)	5,044 (46.1%)		
Medications:				< 0.001	
Apixaban	4,952 (22.8%)	4,952 (45.9%)	0 (0.0%)		
Dabigatran	1,507 (6.9%)	1,507 (14.0%) 0 (0.0%)			
Edoxaban	11 (0.1%)	11 (0.1%)	11 (0.1%) 0 (0.0%)		
Rivaroxaban	4,324 (19.9%)	4,324 (40.1%)	0 (0.0%)		
Warfarin	10,939 (50.3%)	0 (0.0%) 10,939 (100%)			

DOAC = Direct oral anticoagulant; eGFR = estimated glomerular filtration rate.

^{*}These characteristics were based on the ICD-9 and ICD-10 codes, which were identified based on the following criteria. Hypertension was diagnosed based on a blood pressure >149/90 mm Hg. Obesity was defined as a BMI >30 kg/m². Hyperlipidemia was defined as either having a triglyceride level >150 mg/dl or low density lipoprotein >100 mg/dl.



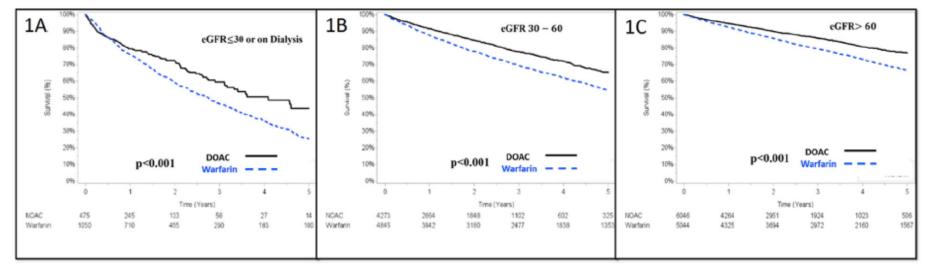


Figure 1. Kaplan-Meier curve of mortality in DOAC- and warfarin-treated patients with eGFR \leq 30 (A), eGFR of 30-60 (B), and eGFR >60 (C).



Table 2
Risk of clinical outcomes based on renal function and anticoagulation strategy

REF

	EGFR <=30 ml/min or on dialysis			EGFR >30-60 ml/min			EGFR >60 ml/min		
	Events/ Incidence*	Adjusted HR (95%CI)	p Value	Events/ Incidence*	Adjusted HR (95%CI)	p Value	Events/ Incidence*	Adjusted HR (95% CI)	p Value
All-cause mo	rtality								
DOAC	133/19.3	0.76 (0.63-0.92)	0.005	748/8.4	0.74 (0.68, 0.81)	< 0.001	726/5.3	0.76 (0.70, 0.84)	< 0.001
Warfarin	613/26.3	REF	REF	2,041/12.3	REF	REF	1,540/8.1	REF	REF
Bleeding ever	nt								
DOAC	51/7.9	0.69 (0.50, 0.93)	0.017	439/5.3	0.83 (0.74, 0.94)	0.003	485/3.8	0.93 (0.82, 1.04)	0.209
Warfarin	216/10.5	REF	REF	871/5.9	REF	REF	699/4.0	REF	REF
Embolic strok	te								
DOAC	14/2.1	0.60 (0.34, 1.09)	0.092	204/2.4	0.87 (0.73, 1.04)	0.117	239/1.8	0.86 (0.73, 1.02)	0.087
Warfarin	66/2.9	REF	REF	400/2.5	REF	REF	380/2.1	REF	REF
Hemorrhagic	stroke								
DOAC	4/0.6	0.55 (0.19, 1.61)	0.276	30/0.3	0.41 (0.27, 0.61)	< 0.001	46/0.3	0.58 (0.40, 0.82)	0.002

REF

REF

114/0.6

REF

REF

127/0.8



Warfarin

23/1.0

REF

* Total number of events/total follow up time (Years)/Incidence per 100 patient years. DOAC = Direct oral anticoagulant.

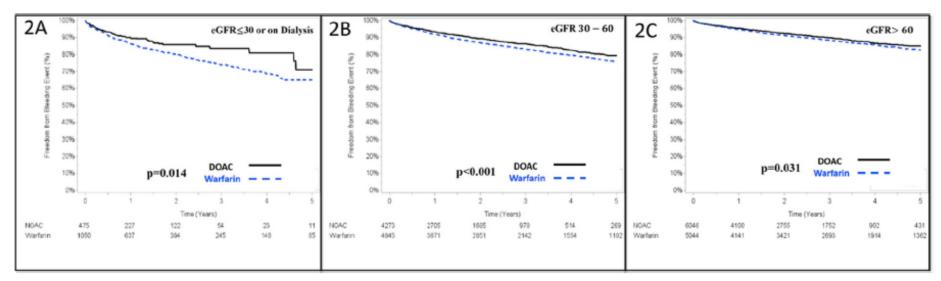


Figure 2. Kaplan-Meier curve of bleeding in DOAC- and warfarin-treated patients with eGFR \leq 30 (A), eGFR of 30–60 (B), and eGFR >60 (C).



Association between bleeding and stroke events with subsequent mortality

Table 3

All patients

eGFR <30 ml/min

eGFR 30-60ml/min

eGFR > 60 ml/min

eGFR = estimated glomerular filtration rate.

7 1330CIUCIOI	between bleeding and stroke events with subsequent moranty
	All patients

No bleed or stroke, %

With bleed or stroke, %

Expired 86.66% 73.06%

55.68%

44.32%

63.93%

36.07%

Alive

13.34%

55.07%

44.93%

72.63%

27.37%

82.27%

17.73%



p < 0.0001

p < 0.0001

American Journal of Cardiology 2020 125, 210-214DOI: (10.1016/j.amjcard.2019.10.033) Copyright © 2019 Elsevier Inc. Terms and Conditions