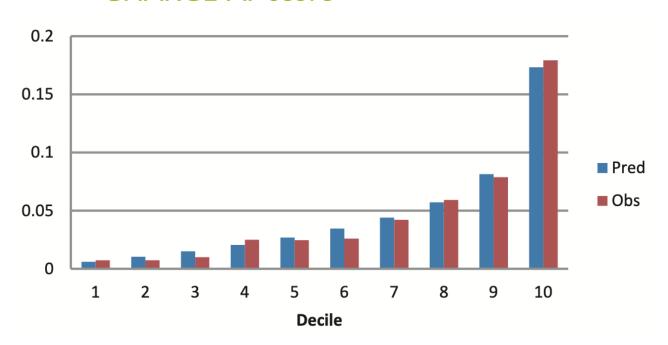
# VALUTAZIONE DEL RISCHIO DI FIBRILLAZIONE ATRIALE PER LA DISCRIMINAZIONE DEGLI ICTUS DI ORIGINE CARDIOEMBOLICA

#### **BACKGROUND**

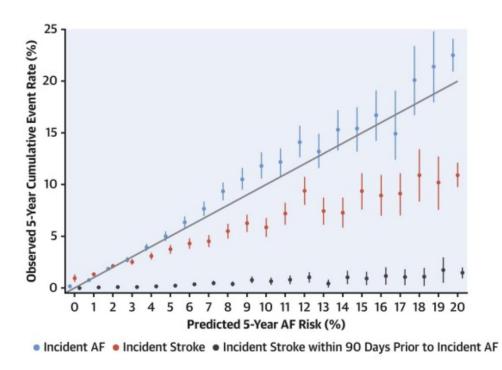
- Atrial fibrillation (AF) is the leading cause of cardioembolic stroke and is associated with substantial morbidity and economic cost.
- Identification of AF as the etiology of stroke is critical, since anticoagulation can prevent recurrent stroke.
- AF is frequently unrecognized at the time of stroke and is often detected only after long-term monitoring.
- The use of extended monitoring is expensive, utilization remains limited, and most patients who receive monitoring do not have AF.

#### AF RISK SCORES

#### **CHARGE-AF** score



#### **EHR-AF** score



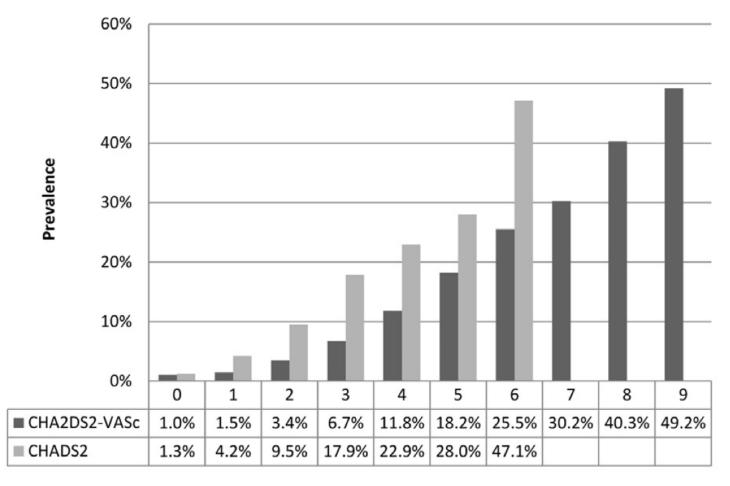
J Am Heart Assoc. 2013;2:e000102

JACC Clin Electrophysiol. 2019;5:1331–1341.

#### AF RISK SCORES

#### CHA2DS2-VASc

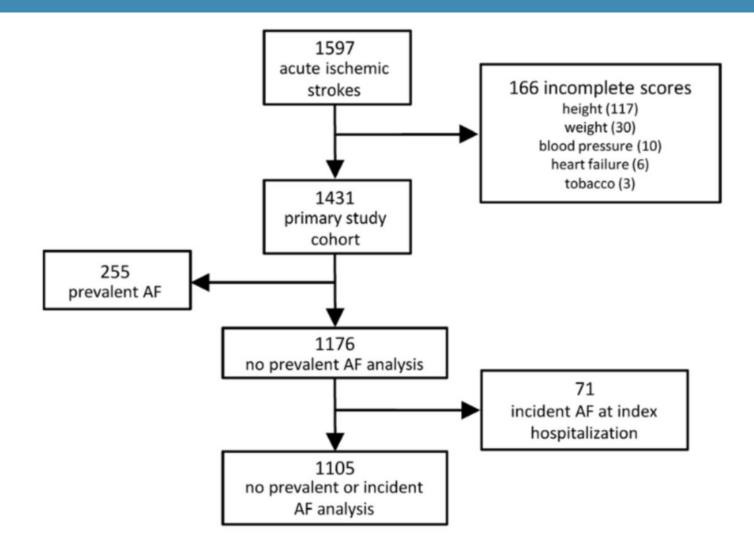
Prevalence of atrial fibrillation according to CHA<sub>2</sub>DS<sub>2</sub>-VASc and CHADS<sub>2</sub> scores categories



## Atrial Fibrillation Risk and Discrimination of Cardioembolic From Noncardioembolic Stroke

Shaan Khurshid, MD; Ludovic Trinquart, PhD; Lu-Chen Weng, PhD; Olivia L. Hulme, MD; Wyliena Guan, MS; Darae Ko, MD, MSc; Kristin Schwab, BA; Natalia S. Rost, MD; Mostafa A. Al-Alusi, MD; Emelia J. Benjamin, MD, ScM; Patrick T. Ellinor, MD, PhD; Christopher D. Anderson, MD\*; Steven A. Lubitz, MD, MPH\*

#### **METHODS**



#### BASELINE CHARACTERISTICS OF STROKE SAMPLE

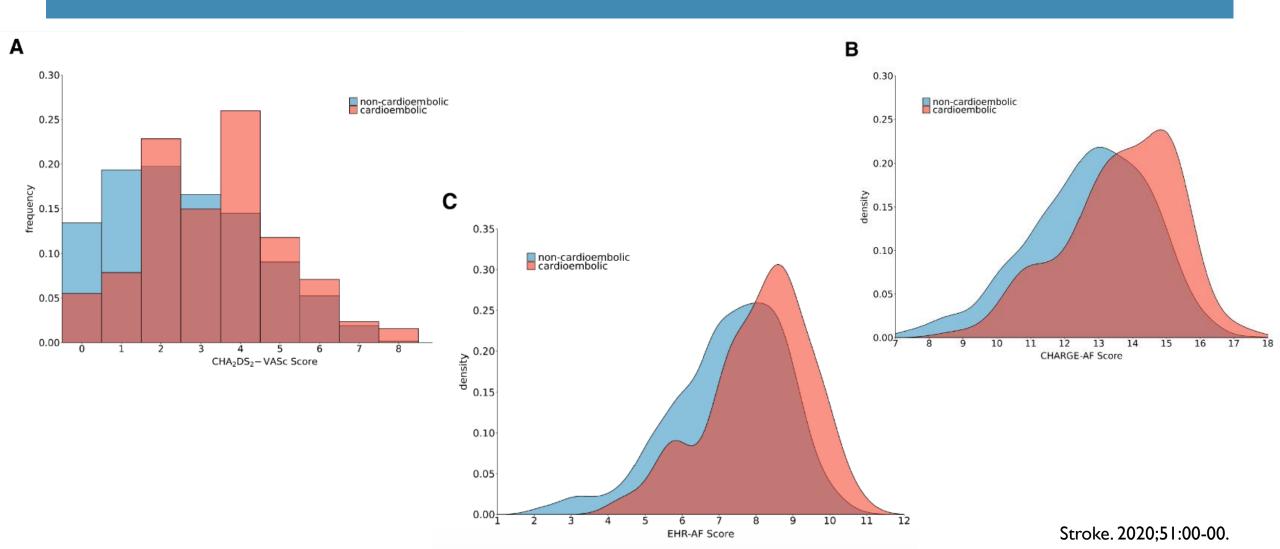
	Total Cohort	Cardioembolic	Noncardioembolic	P Value		
Demographics	n=1431	n=323	n=1108			
Women*†‡	578 (40.4%)	149 (46.1%)	429 (38.7%)	0.02		
Age, y*†‡	65.1±15.3	72.4±13.2	63.0±15.3	<0.01		
White race†‡	1328 (92.8%)	303 (93.8%)	1025 (92.5%)	0.47		
Stroke characteristics						
NIH Stroke Scale	4.90±5.95	7.30±7.00	4.21±5.42	<0.01		
Antiplatelet at discharge	989 (69.1%)	178 (55.1%)	811 (73.2%)	<0.01		
Anticoagulant at discharge	530 (37.0%)	202 (62.5%)	328 (29.6%)	<0.01		
Statin at discharge	889 (62.1%)	200 (61.9%)	689 (62.2%)	0.95		

# BASELINE CHARACTERISTICS OF STROKE SAMPLE STRATIFIED BY MECHANISM

	n (%) or Mean±SD						
	Total Cohort	Cardioembolic	Noncardioembolic	P Value			
Demographics	n=1431	n=323	n=1108				
Potential AF risk factors							
Height, cm†‡	170.6±10.7	170.0±11.4	170.8±10.5	0.29			
Weight, kg†‡	81.4±19.0	79.6±18.5	81.9±19.2	0.05			
Current smoking†‡	274 (19.1%)	42 (13.0%)	232 (20.9%)	<0.01			
Systolic blood pressure, mm Hg†	151±29	150±28	151±29	0.63			
Diastolic blood pressure, mm Hg†‡	80±16	79±17	80±15	0.30			
Hypertension*‡	891 (62.3%)	213 (65.9%)	678 (61.2%)	0.13			
Antihypertensive medication†	857 (59.9%)	235 (72.8%)	622 (56.1%)	<0.01			
Diabetes mellitus*†‡	302 (21.1%)	71 (22.0%)	231 (20.8%)	0.70			
Hyperlipidemia‡	594 (41.5%)	140 (43.3%)	454 (41.0%)	0.48			
Previous stroke/TIA*‡	310 (21.7%)	74 (22.9%)	236 (21.3%)	0.54			
Heart failure*†‡	193 (13.5%)	98 (30.3%)	95 (8.57%)	<0.01			
Valvular disease‡	183 (12.8%)	110 (34.0%)	73 (6.59%)	<0.01			
Hypothyroidism‡	132 (9.22%)	37 (11.4%)	95 (8.57%)	0.13			
Vascular disease*							
Coronary heart disease‡	301 (21.0%)	100 (31.0%)	201 (18.1%)	<0.01			
Carotid artery disease	83 (5.80%)	13 (4.02%)	70 (6.31%)	0.14			
Peripheral artery disease‡	141 (9.85%)	30 (9.29%)	111 (10.0%)	0.75			
Myocardial infarction†	175 (12.2%)	67 (20.7%)	108 (9.75%)	<0.01			
Chronic kidney disease‡	534 (37.3%)	172 (53.3%)	362 (32.7%)	<0.01			
CHA <sub>2</sub> DS <sub>2</sub> -VASc score	2.89±1.9	3.66±1.8	2.67±1.9	<0.01			
CHARGE-AF score	13.1±1.8	14.0±1.4	12.8±1.8	<0.01			
EHR-AF score	7.57±1.6	8.44±1.2	7.32±1.6	<0.01			

Stroke. 2020;51:00-00.

#### DISTRIBUTION OF SCORES STRATIFIED BY STROKE MECHANISM



#### ASSOCIATIONS BETWEEN AF RISK AND CARDIOEMBOLIC STROKE

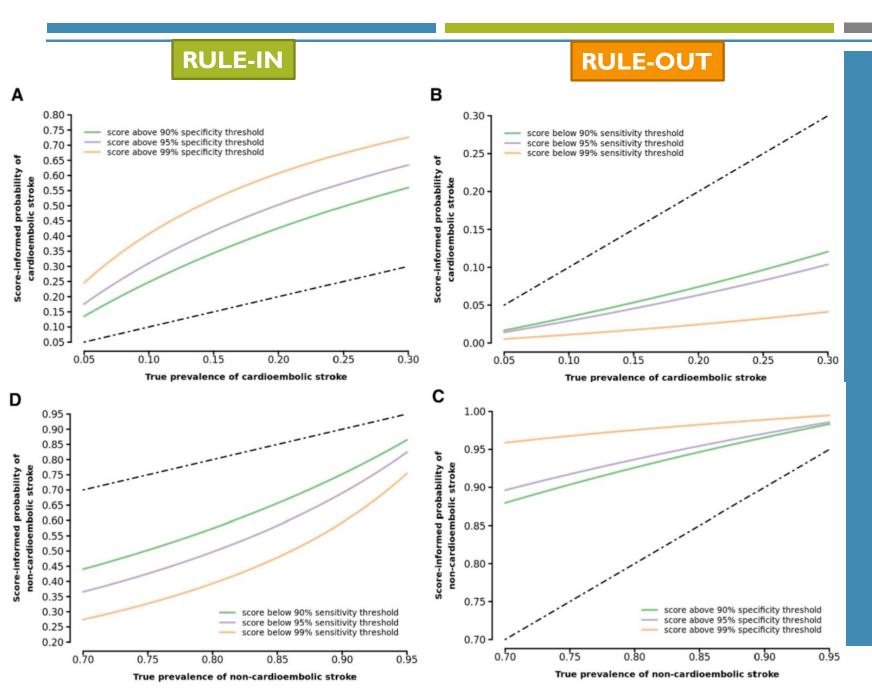
Score	Odds Ratio (95% CI)	P Value	C Index (95% CI)
CHA <sub>2</sub> DS <sub>2</sub> -VASc (per 1 SD increase)	1.69 (1.49–1.93)	<0.01	0.651 (0.619-0.683)
CHARGE-AF (per 1 SD increase)	2.22 (1.90–2.60)	<0.01	0.695 (0.663-0.726)
EHR-AF (per 1 SD increase)	2.55 (2.16–3.04)	<0.01	0.713 (0.681-0.744)

Stroke. 2020;51:00-00.

### AF RISK SCORE PERFORMANCE FOR CARDIOEMBOLIC STROKE AT SELECTED SENSITIVITY AND SPECIFICITY CUTOFFS

32	core (CE, 23; NCE, 09)	Sensitivity Threshold	Corresponding Specificity	LR+	LR-	Score Value	#CE Above/ Below Threshold	#NCE Above/ Below Threshold	Specificity Threshold	Corresponding Sensitivity	LR+	LR-	Score Value	#CE Above/ Below Threshold	#NCE Above/ Below Threshold
	CHA <sub>2</sub> DS <sub>2</sub> -	70%	50.5%	1.47	0.53	3	236/87	549/599	70%	56.7%	1.73	0.64	4	94/229	197/911
VA	Sc*	80%	50.5%	1.47	0.53	3	236/87	549/599	80%	29.1%	1.64	0.86	5	47/276	90/1017
		90%	31.3%	1.28	0.39	2	284/39	761/347	90%	14.6%	1.77	0.93	6	21/302	28/1080
		95%	12.9%	1.11	0.29	1	311/12	965/143	95%	6.50%	2.57	0.96	7	6/317	4/1104
		99%		1.00		0	323/0	1109/0	99%	1.86%	5.15	0.98	8	0/323	1/1107
СН	CHARGE-AF	70%	58.9%	1.71	0.50	13.37	227/96	455/653	70%	57.3%	1.91	0.61	13.90	185/138	332/776
		80%	47.3%	1.52	0.42	12.85	259/64	584/524	80%	44.3%	2.20	0.70	14.39	143/180	223/885
		90%	30.4%	1.29	0.33	11.97	291/32	771/337	90%	25.4%	2.56	0.83	15.00	82/241	110/998
		95%	18.2%	1.16	0.27	11.17	307/16	906/203	95%	12.7%	2.56	0.92	15.46	41/282	55/1053
		99%	9.93%	1.10	0.09	10.30	320/3	998/110	99%	2.48%	2.49	0.99	16.20	8/315	11/1097
EH	EHR-AF	70%	59.5%	1.72	0.50	7.90	226/96	449/659	70%	59.1%	1.96	0.58	8.32	191/132	332/776
		80%	48.7%	1.55	0.41	7.45	259/64	572/536	80%	45.8%	2.25	0.68	8.67	148/175	224/884
		90%	32.4%	1.31	0.31	6.75	292/31	765/343	90%	30.0%	2.97	0.78	9.13	97/226	111/997
		95%	20.2%	1.16	0.27	5.93	307/16	905/203	95%	20.7%	4.05	0.83	9.50	67/256	56/1052
		99%	9.21%	1.09	0.10	5.16	320/3	1006/102	99%	5.88%	6.18	0.95	10.15	19/304	10/1098

Stroke. 2020;51:00-00.



PREDICTIVE VALUE OF EHR-AF SCORE FOR CARDIOEMBOLIC AND NONCARDIOEMBOLIC STROKE IN A SIMULATED UNDIFFERENTIATED ISCHEMIC STROKE COHORT

#### LIMITATIONS

- Retrospective analysis with ascertainment guided by clinical need introduces selection bias.
- Prevalent AF in the primary analysis.
  - However, the association between AF risk and cardioembolic stroke persisted in individuals without prevalent AF or AF diagnosed during the index hospitalization, as well as within individuals who developed AF after stroke.
- Misclassification of subtype remains possible.
- Not specifically assess the role of echocardiography for cardioembolism classification.
- Sample is largely of European ancestry, hails from a single New England metropolitan area, and has a lower proportion of females than previous stroke cohorts, emphasizing the need for replication in other populations.

#### **CONCLUSIONS**

Clinical AF risk determined at the time of acute stroke using the CHA2DS2-VASc,
 CHARGE-AF, and EHR-AF scores is associated with the cardioembolic subtype.

 Discrimination for cardioembolism was best using CHARGE-AF and EHR-AF, with over 70% of patients correctly classified as high risk.

Further research is needed to determine whether prospective use of AF risk deployed at the time of stroke leads to more efficient utilization of rhythm monitoring and improved outcomes in patients presenting with stroke of uncertain etiology.