

# The ODYSSEY OUTCOMES Trial: Topline Results

## Alirocumab in Patients After Acute Coronary Syndrome

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On behalf of the ODYSSEY OUTCOMES Investigators and Committees

American College of Cardiology – 67th Scientific Sessions  
March 10, 2018



# Residual Risk After Acute Coronary Syndrome

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- Remains high despite evidence-based preventive therapies
- Is related, in part, to levels of low-density lipoprotein cholesterol (LDL-C)
- Is reduced when LDL-C is lowered by
  - Statin therapy, compared with placebo<sup>1</sup>
  - High-intensity, compared with moderate-intensity statin therapy<sup>2</sup>
  - Ezetimibe, compared with placebo, added to statin<sup>3</sup>

1. Schwartz GG, et al. JAMA 2001;285:1711-8. 2. Cannon CP, et al. NEJM 2004;350:1495-504.

3. Cannon CP, et al. NEJM 2015;372:2387-97.

# Study Hypothesis

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Alirocumab, versus placebo, reduces cardiovascular (CV) morbidity and mortality after recent acute coronary syndrome (ACS) in patients with elevated levels of atherogenic lipoproteins despite intensive or maximum-tolerated statin therapy

# Main Inclusion Criteria

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- **Age**  $\geq 40$  years
- **ACS**
  - 1 to 12 months prior to randomization
  - Acute myocardial infarction (MI) or unstable angina
- **High-intensity statin therapy\***
  - Atorvastatin 40 to 80 mg daily *or*
  - Rosuvastatin 20 to 40 mg daily *or*
  - Maximum tolerated dose of one of these agents for  $\geq 2$  weeks
- **Inadequate control of lipids**
  - LDL-C  $\geq 70$  mg/dL (1.8 mmol/L) *or*
  - Non-HDL-C  $\geq 100$  mg/dL (2.6 mmol/L) *or*
  - Apolipoprotein B  $\geq 80$  mg/dL

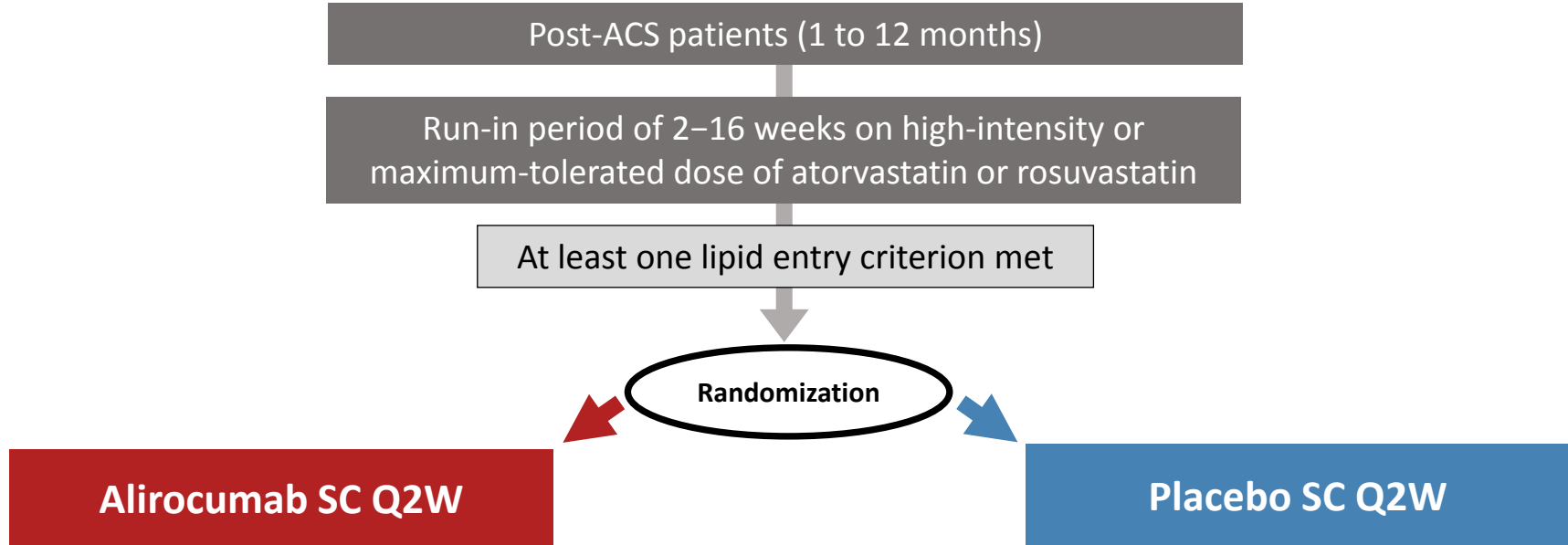
\*Patients not on statins were authorized to participate if tolerability issues were present and documented  
Schwartz GG, et al. Am Heart J 2014;168:682-689.e1.

# Key Exclusion Criteria

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- Uncontrolled hypertension
- NYHA class III or IV heart failure;  
LVEF <25% if measured
- History of hemorrhagic stroke
- Fasting triglycerides >400 mg/dL  
(4.52 mmol/L)
- Use of fibrates other than fenofibrate or fenofibric acid
- Recurrent ACS within 2 weeks prior to randomization visit
- Coronary revascularization performed within 2 weeks prior to randomization visit, or planned after randomization
- Liver transaminases >3 × ULN;  
hepatitis B or C infection
- Creatine kinase >3 × ULN
- eGFR <30 mL/min/1.73 m<sup>2</sup>
- Positive pregnancy test

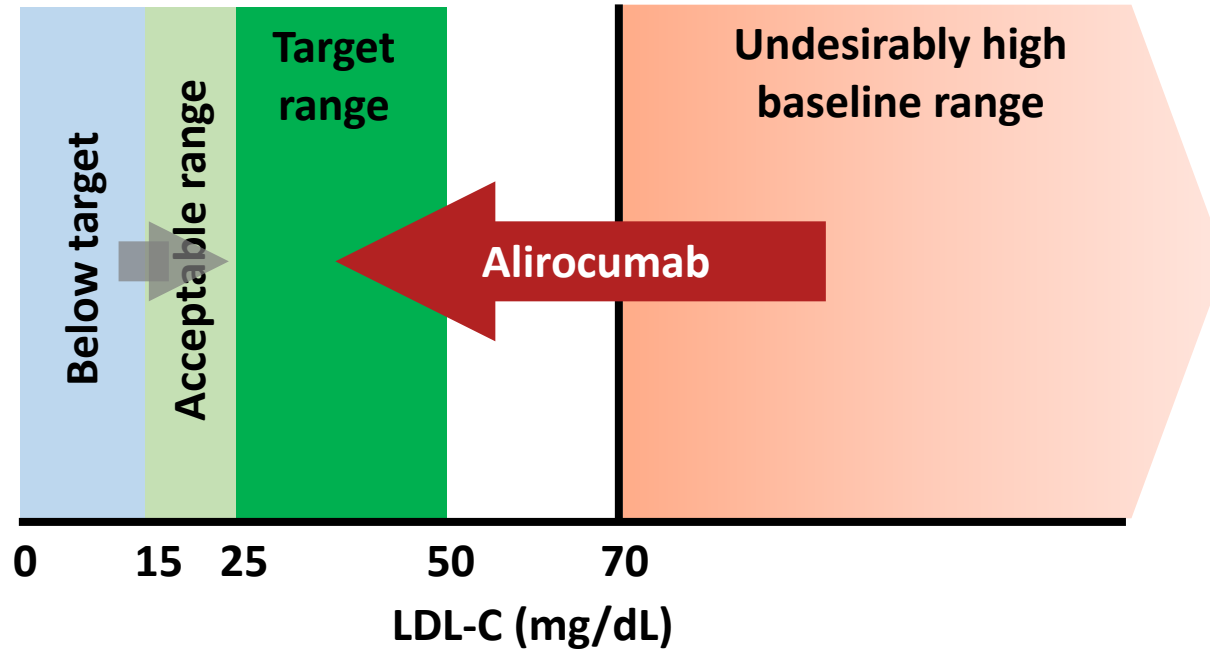
# Treatment Assignment



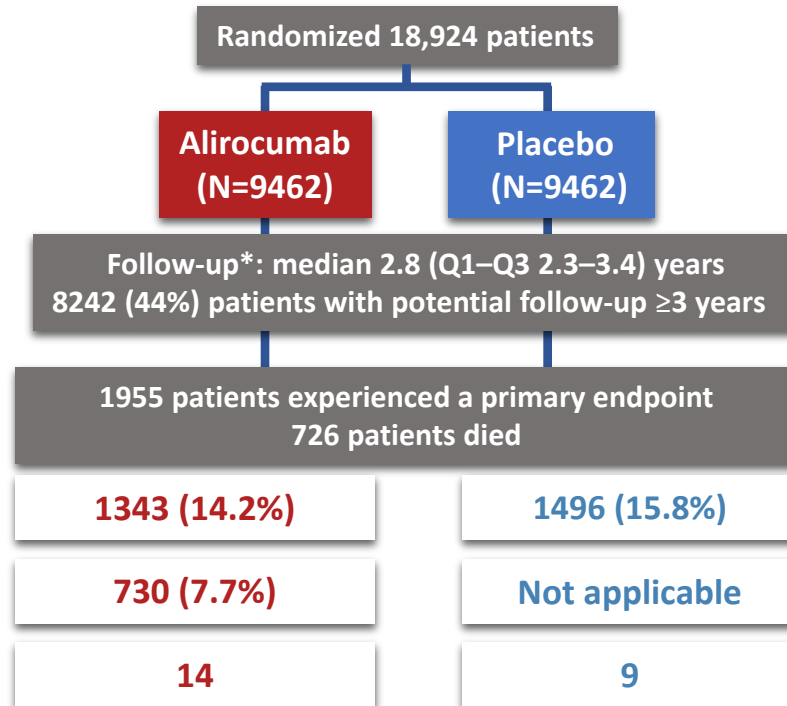
Patient and investigators remained blinded to treatment and lipid levels for the entire duration of the study

# A Target Range for LDL-C

We attempted to maximize the number of patients in the target range and minimize the number below target by blindly titrating alirocumab (75 or 150 mg SC Q2W) or blindly switching to placebo.



# Patient Disposition



- Premature treatment discontinuation
- Blinded switch to placebo (2 consecutive LDL-C values <15 mg/dL)
- Patients lost to follow-up (vital status)

\*Ascertainment was complete for 99.1% and 99.8% of potential patient-years of follow-up for the primary endpoint and all-cause death, respectively



# Baseline Demographics

Characteristic	Alirocumab (N=9462)	Placebo (N=9462)
Age, years, median (Q1–Q3)	58 (52–65)	58 (52–65)
Female, n (%)	2390 (25.3)	2372 (25.1)
Medical history, n (%)		
Hypertension	6205 (65.6)	6044 (63.9)
Diabetes mellitus	2693 (28.5)	2751 (29.1)
Current tobacco smoker	2282 (24.1)	2278 (24.1)
Prior MI	1790 (18.9)	1843 (19.5)

# Baseline Index Events

Characteristic	Alirocumab (N=9462)	Placebo (N=9462)
Time from index ACS to randomization, months, median (Q1–Q3)	<b>2.6 (1.7–4.4)</b>	<b>2.6 (1.7–4.3)</b>
ACS type, n (%)		
NSTEMI	<b>4574 (48.4)</b>	<b>4601 (48.7)</b>
STEMI	<b>3301 (35.0)</b>	<b>3235 (34.2)</b>
Unstable angina	<b>1568 (16.6)</b>	<b>1614 (17.1)</b>
Revascularization for index ACS, n (%)	<b>6798 (71.8)</b>	<b>6878 (72.7)</b>

# Baseline Lipid Characteristics

Characteristic, mg/dL, median (Q1–Q3)	Alirocumab (N=9462)	Placebo (N=9462)
LDL-C	87 (73–104)	87 (73–104)
Non-HDL-C	115 (99–136)	115 (99–137)
Apolipoprotein B	79 (69–93)	80 (69–93)
HDL-C	43 (37–50)	42 (36–50)
Triglycerides	129 (94–181)	129 (95–183)
Lipoprotein(a)	21 (7–59)	22 (7–60)

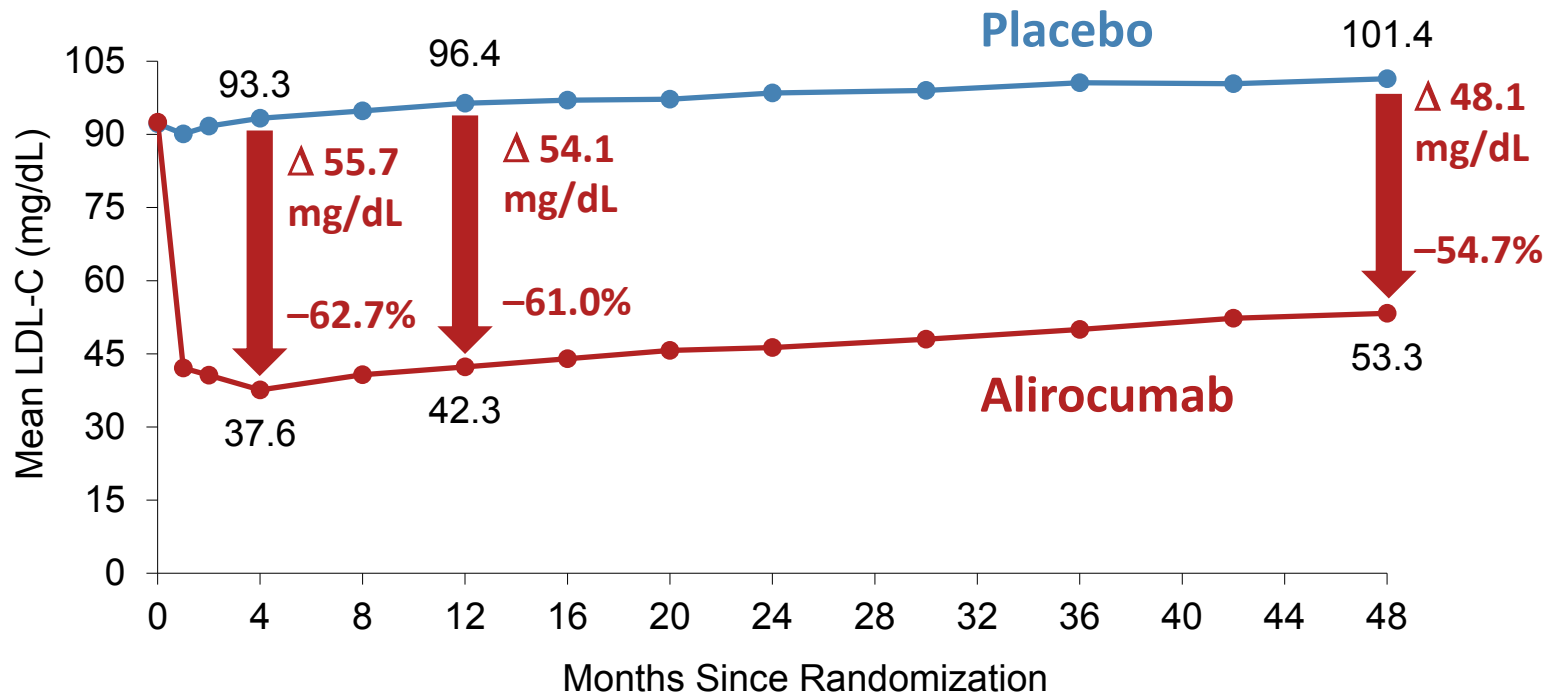
**92.5% of patients qualified on the basis of LDL-C  $\geq$ 70 mg/dL**

# Baseline Lipid-Lowering Therapy

Therapy, n (%)	Alirocumab (N=9462)	Placebo (N=9462)
High-dose atorvastatin/rosuvastatin	8380 (88.6)	8431 (89.1)
Low-/moderate-dose atorvastatin/rosuvastatin	830 (8.8)	777 (8.2)
Other statin	19 (0.2)	27 (0.3)
Ezetimibe, with or without statin	269 (2.8)	285 (3.0)
No lipid-lowering therapy*	87 (0.9)	91 (1.0)

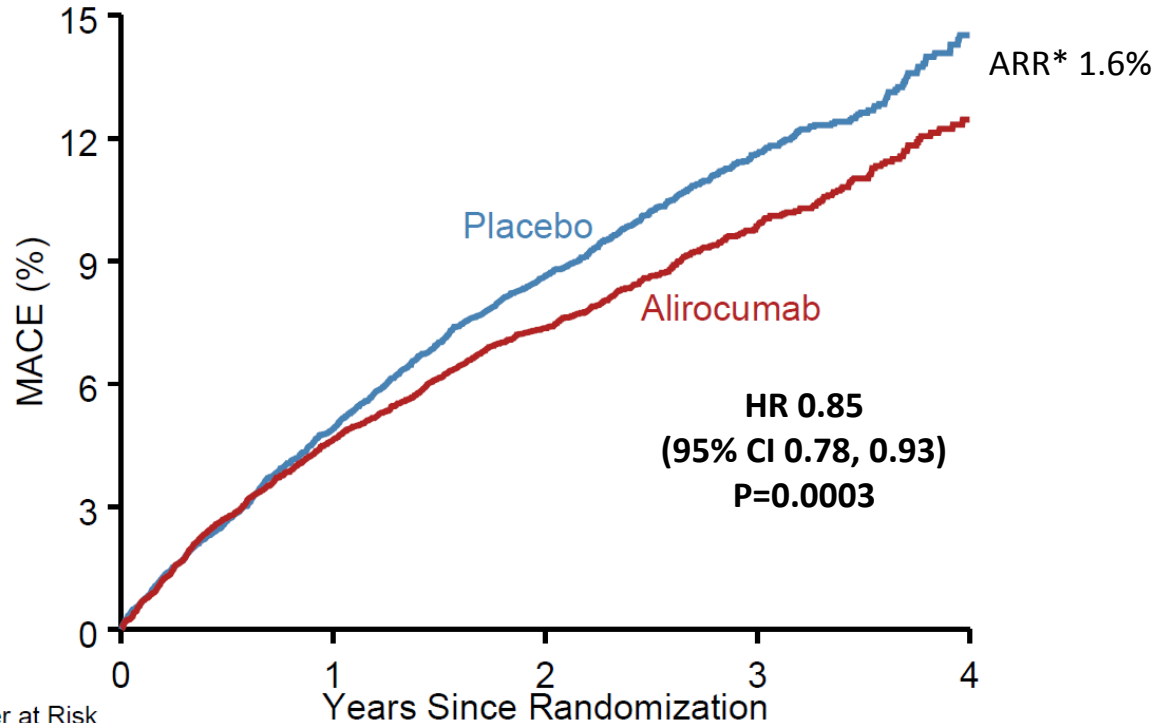
\*Patients not on statins were authorized to participate if tolerability issues were present and documented

# LDL-C: On-Treatment Analysis



Excludes LDL-C values after premature treatment discontinuation or blinded switch to placebo  
Approximately 75% of months of active treatment were at the 75 mg dose

# Primary Efficacy Endpoint: MACE



MACE: CHD death, non-fatal MI, ischemic stroke, or unstable angina requiring hospitalization

\*Based on cumulative incidence

# Primary Efficacy and Components

Endpoint, n (%)	Alirocumab (N=9462)	Placebo (N=9462)	HR (95% CI)	Log-rank P-value
<b>MACE</b>	<b>903 (9.5)</b>	<b>1052 (11.1)</b>	<b>0.85 (0.78, 0.93)</b>	<b>0.0003</b>
CHD death	<b>205 (2.2)</b>	<b>222 (2.3)</b>	0.92 (0.76, 1.11)	0.38
Non-fatal MI	<b>626 (6.6)</b>	<b>722 (7.6)</b>	0.86 (0.77, 0.96)	0.006
Ischemic stroke	<b>111 (1.2)</b>	<b>152 (1.6)</b>	0.73 (0.57, 0.93)	0.01
Unstable angina	<b>37 (0.4)</b>	<b>60 (0.6)</b>	0.61 (0.41, 0.92)	0.02

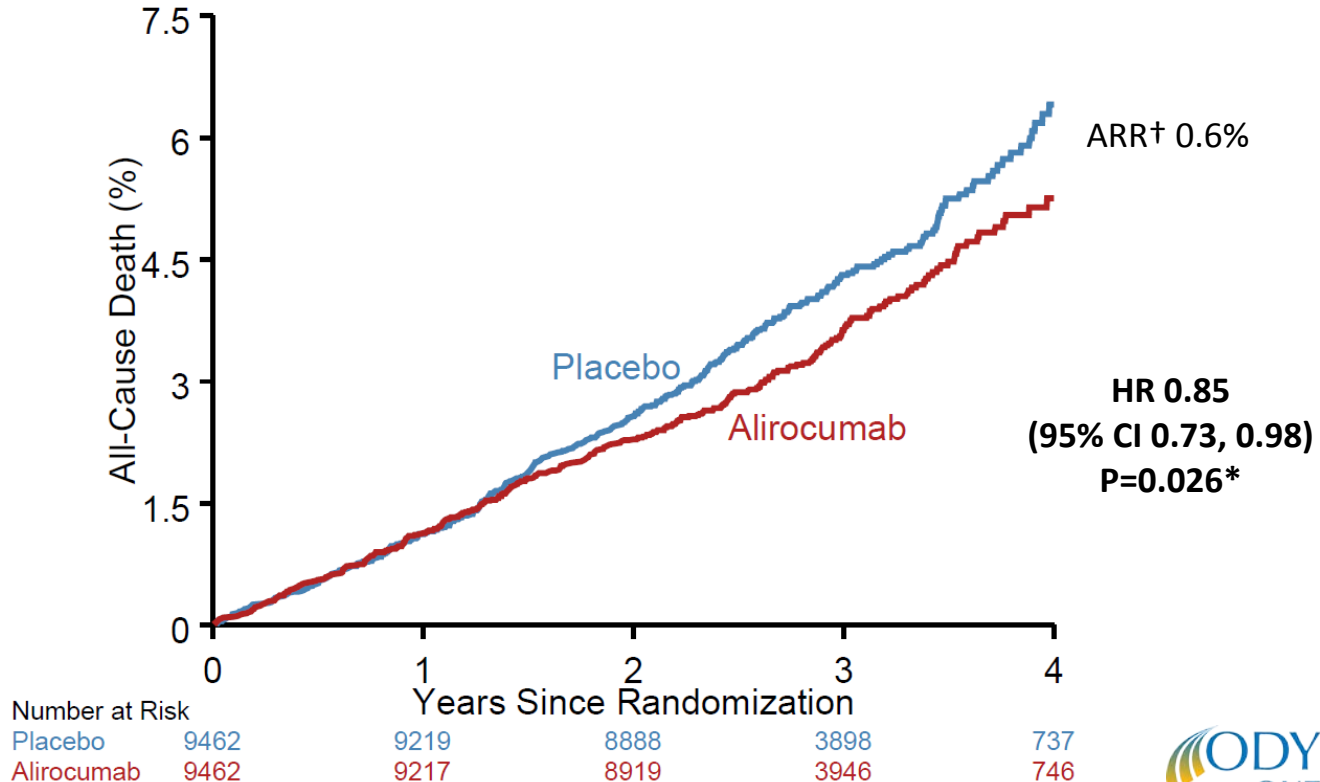
# Main Secondary Efficacy Endpoints: Hierarchical Testing

Endpoint, n (%)	Alirocumab (N=9462)	Placebo (N=9462)	HR (95% CI)	Log-rank P-value
CHD event	<b>1199 (12.7)</b>	<b>1349 (14.3)</b>	<b>0.88 (0.81, 0.95)</b>	<b>0.001</b>
Major CHD event	<b>793 (8.4)</b>	<b>899 (9.5)</b>	<b>0.88 (0.80, 0.96)</b>	<b>0.006</b>
CV event	<b>1301 (13.7)</b>	<b>1474 (15.6)</b>	<b>0.87 (0.81, 0.94)</b>	<b>0.0003</b>
Death, MI, ischemic stroke	<b>973 (10.3)</b>	<b>1126 (11.9)</b>	<b>0.86 (0.79, 0.93)</b>	<b>0.0003</b>
CHD death	<b>205 (2.2)</b>	<b>222 (2.3)</b>	0.92 (0.76, 1.11)	0.38
CV death	<b>240 (2.5)</b>	<b>271 (2.9)</b>	0.88 (0.74, 1.05)	0.15
<b>All-cause death</b>	<b>334 (3.5)</b>	<b>392 (4.1)</b>	<b>0.85 (0.73, 0.98)</b>	<b>0.026*</b>

\*Nominal P-value



# All-Cause Death



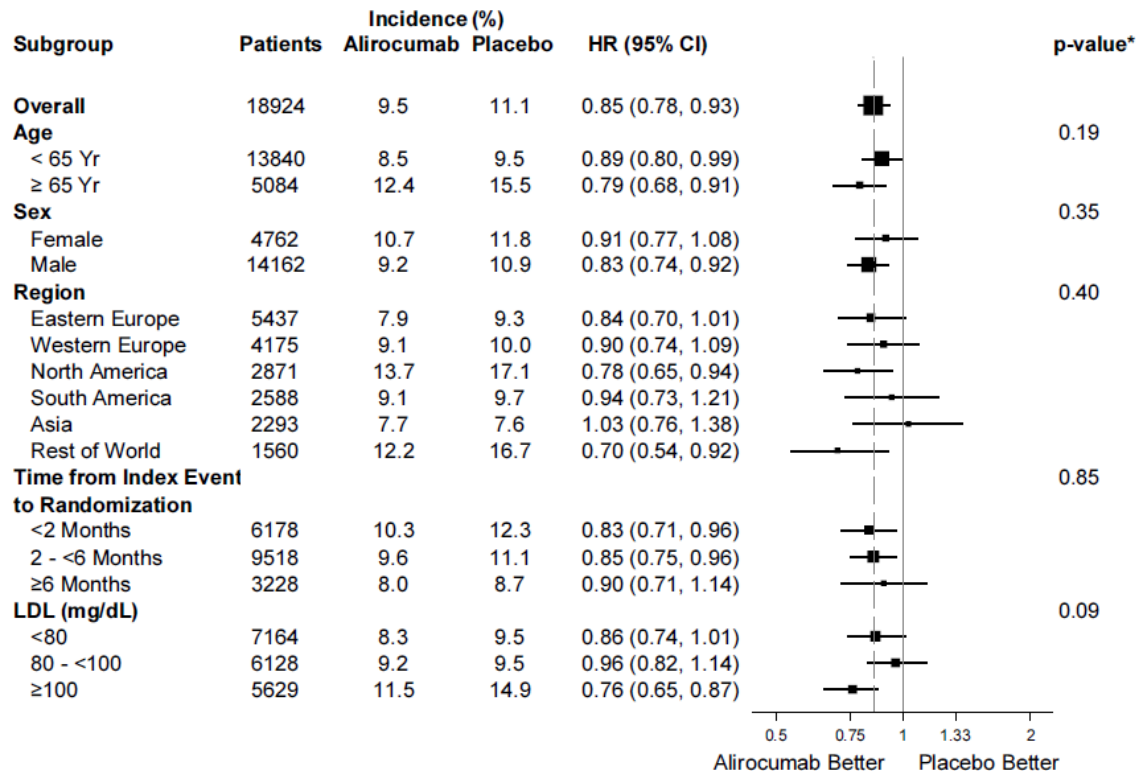
\*Nominal P-value

†Based on cumulative incidence

# Other Efficacy Endpoints

Endpoint n (%)	Alirocumab (N=9462)	Placebo (N=9462)	HR (95% CI)	Log-rank P-value
Ischemia-driven coronary revascularization	<b>731 (7.7)</b>	<b>828 (8.8)</b>	0.88 (0.79, 0.97)	0.009
Hospitalization for CHF	<b>176 (1.9)</b>	<b>179 (1.9)</b>	0.98 (0.79, 1.20)	0.84

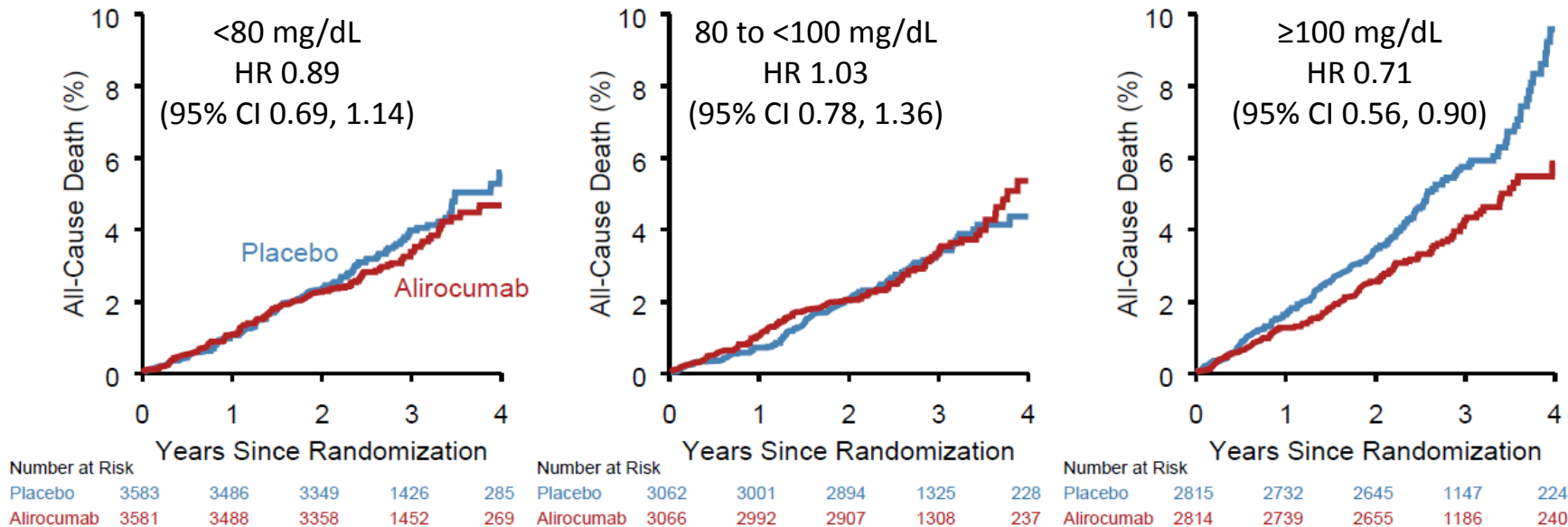
# Primary Efficacy in Main Prespecified Subgroups



\*P-values for interaction

# Post Hoc Analysis: All-Cause Death by Baseline LDL-C Subgroups

ARR\* 1.7%  $P_{\text{interaction}}=0.12$



\*Based on cumulative incidence

# Conclusions

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Compared with placebo in patients with recent ACS, alirocumab 75 or 150 mg subcutaneous Q2W targeting LDL-C levels 25–50 mg/dL, and allowing levels as low as 15 mg/dL:

1. Reduced MACE, MI, and ischemic stroke
2. Was associated with a lower rate of all-cause death
3. Was safe and well-tolerated over the duration of the trial

# Clinical Perspective

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- In this nearly 19,000-patient placebo-controlled trial, including many patients treated for  $\geq 3$  years, there was no safety signal with alirocumab other than injection site reactions
- Among patients with ACS and baseline LDL-C  $\geq 100$  mg/dL, alirocumab reduced MACE by 24% (ARR 3.4%) and all-cause death by 29% (ARR 1.7%) compared with placebo
  - These are the patients who may benefit most from treatment