

A stylized, 3D illustration of a human heart in shades of red and orange, with blue and teal vessels branching out. The heart is positioned on the left side of the slide, partially overlapping a white banner.

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Ticagrelor vs. Clopidogrel in Stabilized Patients after AMI

: TALOS-AMI trial

A Multicenter, Randomized, Open-label trial



AMERICAN
COLLEGE of
CARDIOLOGY

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On behalf of the TALOS-AMI trial investigators

Disclosure Statement of Financial Interest

Within the past 12 months, I or my spouse/partner had a financial interest/arrangement or affiliation with the organization(s) listed below.

CONSULTING FEES/HONORARIA

Chong Kun Dang Pharm

Medtronic Korea

Edwards Korea

RESEARCH GRANTS

Abbott Korea

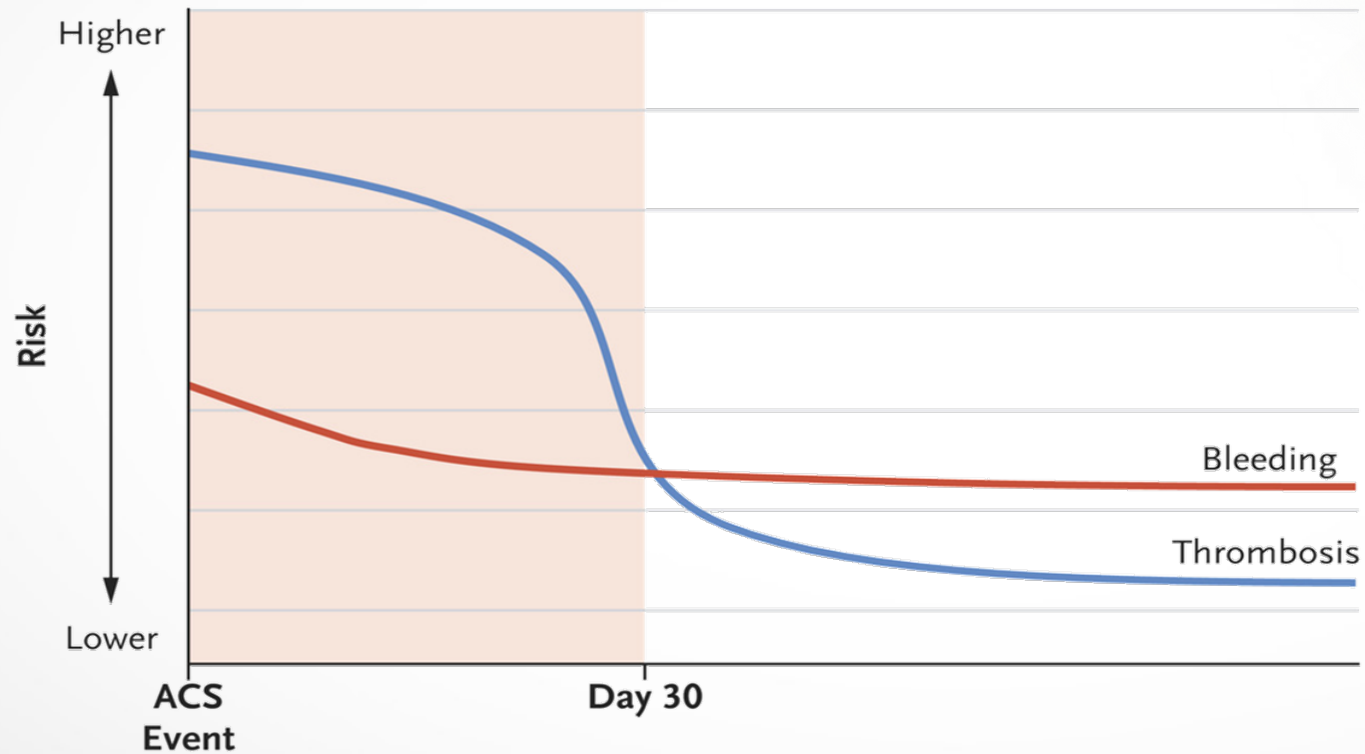
Medtronic Korea

Boston Korea

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Background

Risks of thrombosis & bleeding after acute myocardial infarction (AMI)



F Rodriguez, RA Harrington.
N Engl J Med
2021;384:452-460.

Background

Large-scale data are lacking


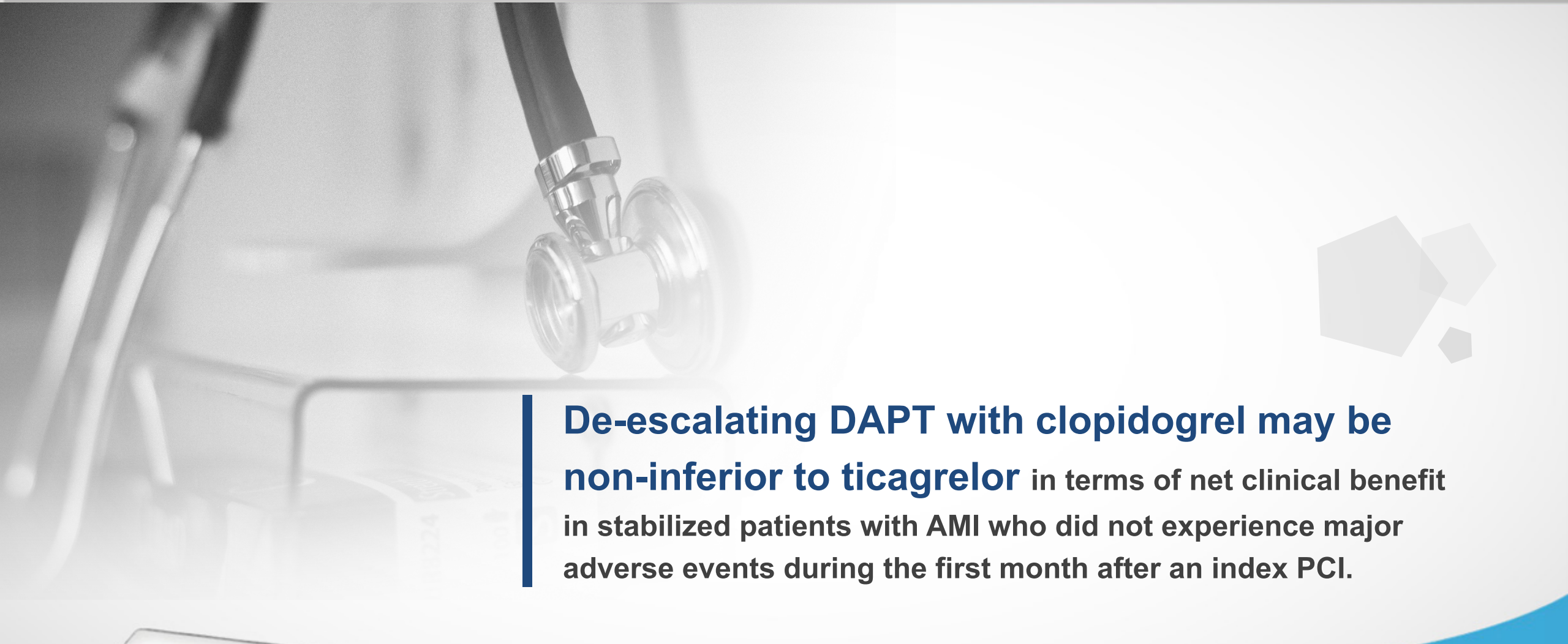
on unguided stepwise de-escalation of dual antiplatelet therapy (DAPT) strategy

Potent P2Y12 inhibitor
in the acute phase
(<30 days after AMI)

Less potent clopidogrel
during the maintenance phase

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Hypothesis

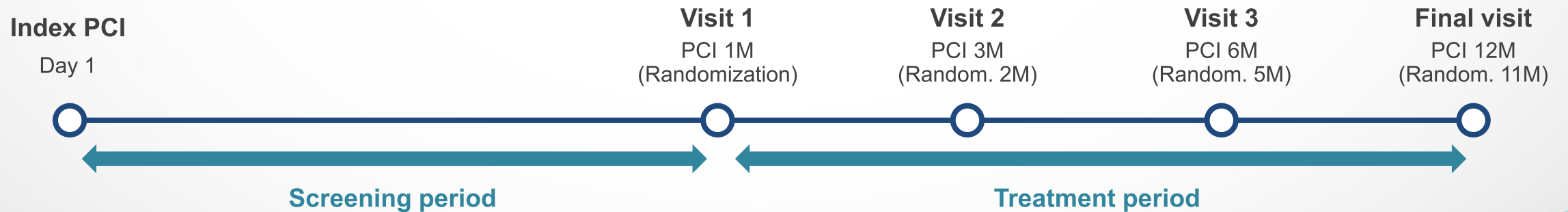
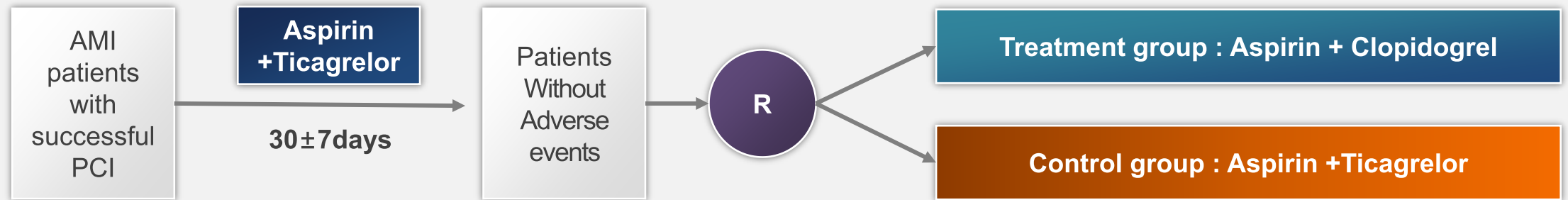


De-escalating DAPT with clopidogrel may be non-inferior to ticagrelor in terms of net clinical benefit in stabilized patients with AMI who did not experience major adverse events during the first month after an index PCI.

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Study Design

A multicenter, randomized, and open-label study



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De-escalation Protocol (ticagrelor to clopidogrel)

Uniform, unguided de-escalation
:no PFT, no genotype-guided

**After final dose of ticagrelor,
clopidogrel 75mg
without loading dose**
(approximately 12 hours from the last
dose of ticagrelor)

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Study Organization

CI	Kiyuk Chang
Steering Committee	Kiyuk Chang, Chan Joon Kim, Mahn-Won Park, Youngkeun Ahn, Min-Chul Kim
DSMB	Cheol Whan Lee (Chair), Joo-Yong Hahn, Hyeon Woo Yim
CEAC	Hyun Kuk Kim (Chair), Seung-Woon Rha, Keun Ho Park
CRO	A-CRO, Seoul, Korea
Centers	32 centers in Korea
Sponsor	Chong Keun Dang Pharm, Abbott Vascular, Medtronic, and Boston Scientific

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Study Endpoints: Primary Endpoint

Net adverse clinical events

Composite of cardiovascular death, MI,
stroke & BARC bleeding type 2, 3 or 5
from 1 to 12 months after an index PCI

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Study Endpoints: Main Secondary Endpoints

Composite of CV death,
MI or stroke (ischemic event)

Composite of BARC
bleeding type 2, 3 or 5 (safety)

Composite of CV death, MI, stroke
or BARC bleeding type 3 or 5
between 1 and 12 months
after an index PCI

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Sample size calculation

Expected event rates of the primary endpoint from 1 to 12 months

- Active control group (ticagrelor+aspirin): **9.35%**
- De-escalation group (clopidogrel+aspirin): **9.59%**

Non-inferiority margin: **3.0%**, Follow-up loss rate **10%**

80% power at a one-sided type I error of **5%**

A total of **2590** patients (1295 per group)

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Statistical Analyses

Analyses 01

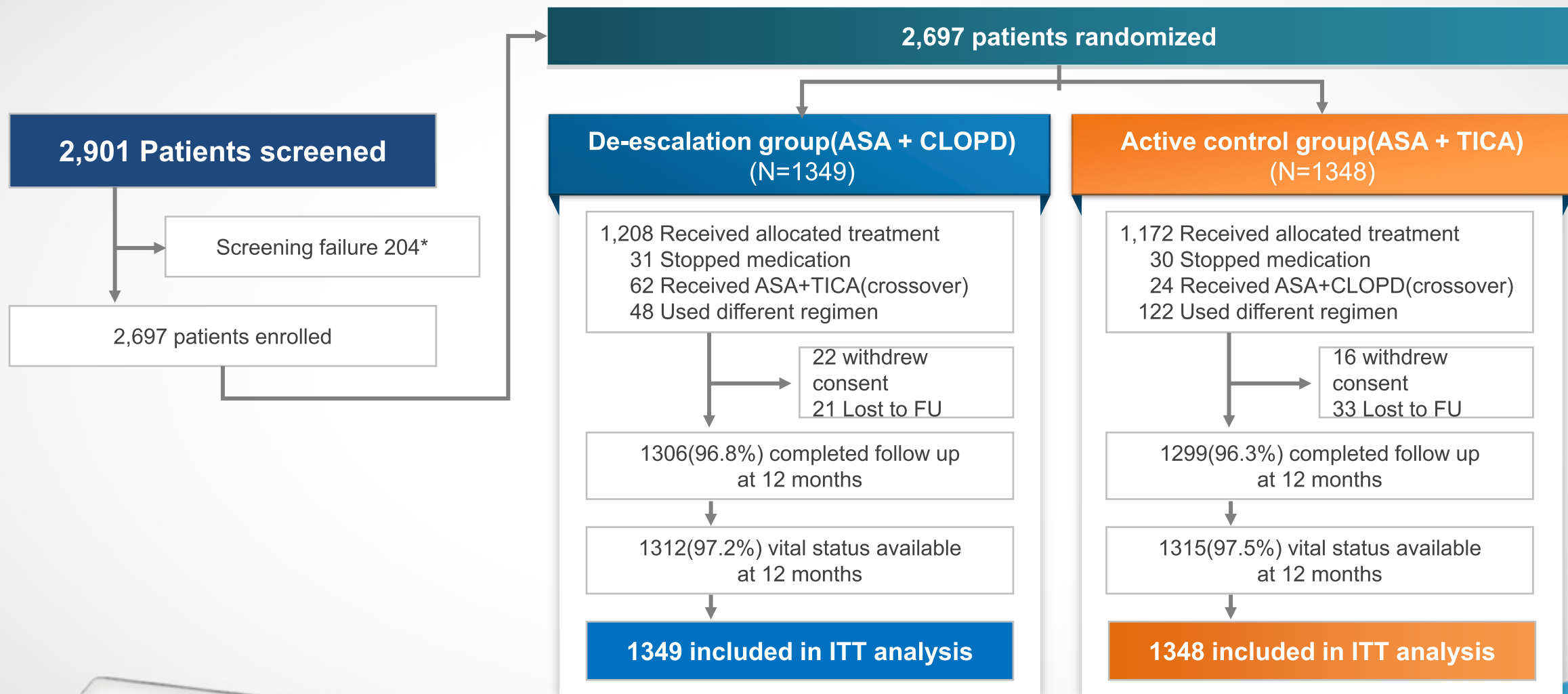
Primary analysis was performed in the intention-to-treat population.

Analyses 02

If the requirement for **noninferiority was met**, testing for the superiority was subsequently performed.

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Enrollment, Randomization, and Follow-up



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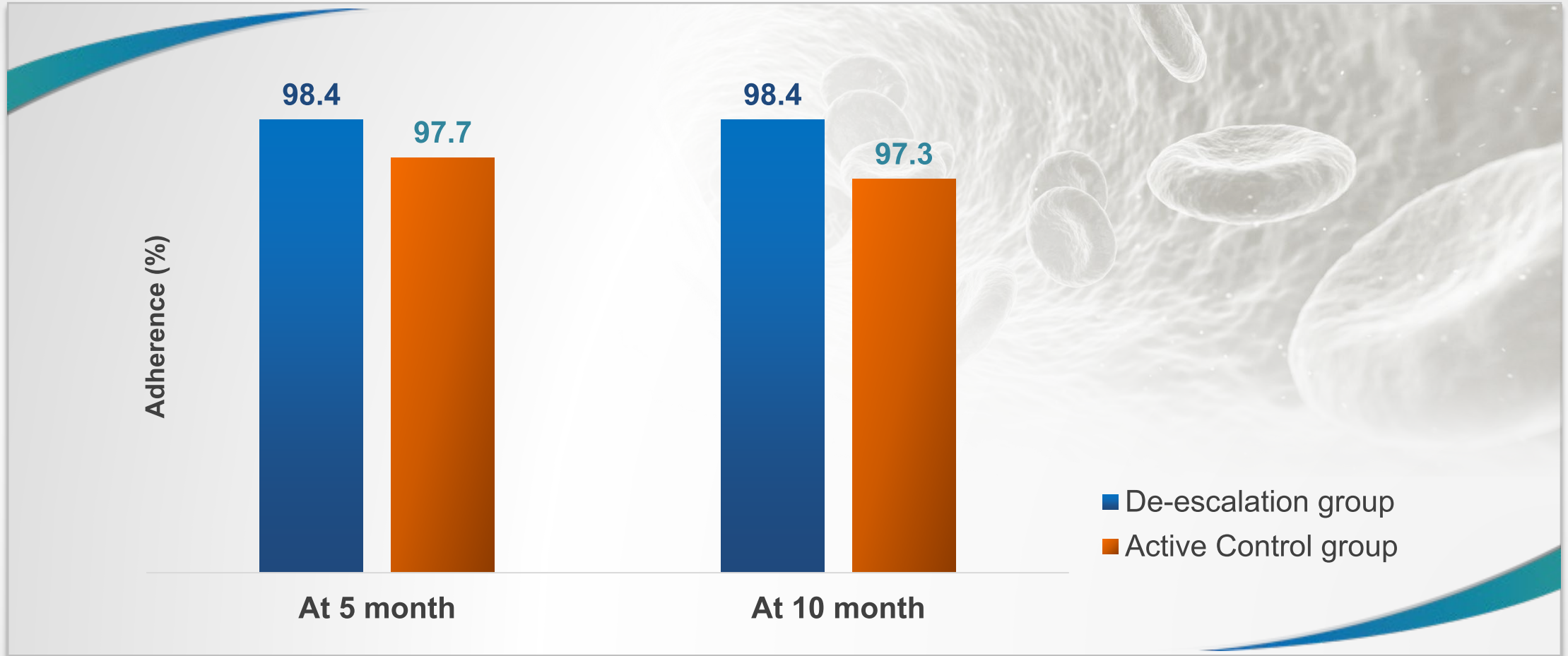
Clinical Characteristics

Characteristics	De-escalation (n=1349)	Active Control (n=1348)
Age-yr		
mean±SD	60.1±11.3	59.9±11.4
Female sex - no. (%)	217 (16.1)	237 (17.6)
Hypertension - no. (%)	655 (48.6)	663 (49.2)
Diabetes mellitus – no. (%)	362 (26.8)	369 (27.4)
Clinical Presentation		
STEMI - no. (%)	734 (54.4)	721 (53.5)
NSTEMI- no. (%)	615 (45.6)	627 (46.5)

Lesion and procedural characteristics

Characteristics	De-escalation (n=1349)	Active Control (n=1348)
Access site		
Radial – no. (%)	666 (49.4)	686 (51.0)
Femoral – no. (%)	667 (49.4)	644 (47.8)
Infarct related artery (Culprit)		
LM – no. (%)	21 (1.6)	24 (1.8)
LAD – no. (%)	685 (50.8)	634 (47.1)
Number of treated vessels	1.3±0.6	1.3±0.6
Multivessel treatment		
2 vessels – no. (%)	300 (22.2)	322 (23.9)
3 vessels – no. (%)	71 (5.3)	61 (4.5)
Total stent length of infarct related artery	29.8±13.2	29.6±13.8
Stent diameter of infarct related artery	3.2±0.4	3.2±0.5

Adherence of antiplatelet therapy



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Safety of switching from ticagrelor to clopidogrel without loading dose

Within 2 weeks after randomization

De-escalation group

- No death or no stent thrombosis
- Only one case of non-target lesion MI (not related to stent thrombosis) 5 days after switching

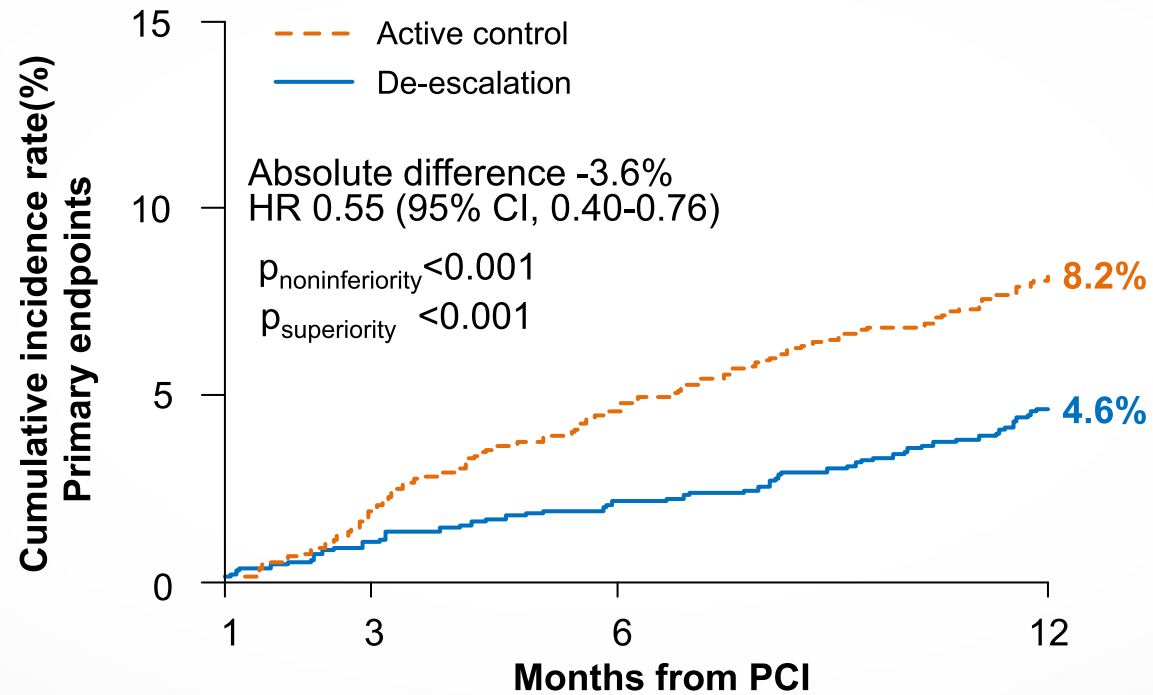
Active control group

- no ischemic events



Primary Endpoint

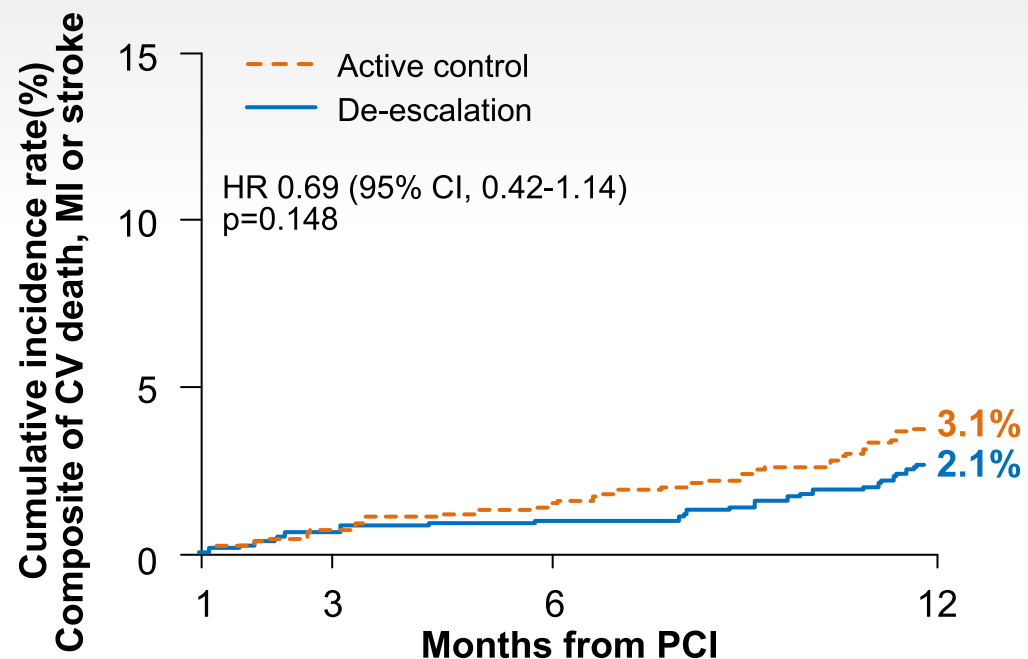
Composite of cardiovascular death, MI, stroke and BARC bleeding (type 2,3, or 5)



	Number at risk			
De-escalation	1349	1291	1247	1172
Active control	1348	1273	1191	1099

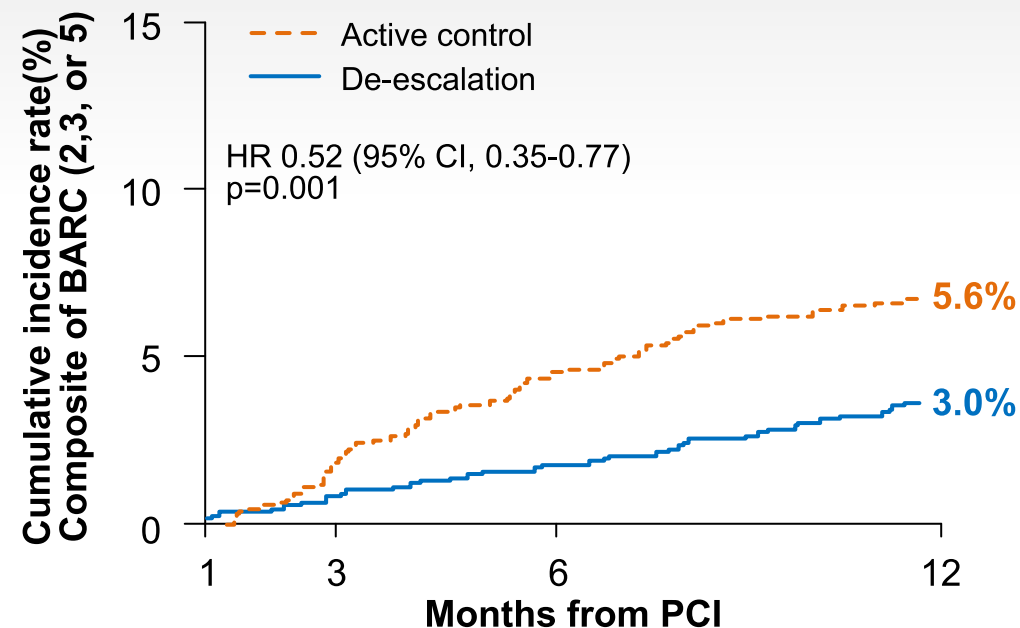
Main Secondary Endpoints

Composite of cardiovascular death, MI, and stroke



	Number at risk			
De-escalation	1349	1299	1264	1201
Active control	1348	1288	1226	1147

Composite of BARC bleeding (type 2,3, or 5)



	Number at risk			
De-escalation	1349	1293	1251	1180
Active control	1348	1276	1197	1120

Primary & Secondary Outcomes (ITT population)

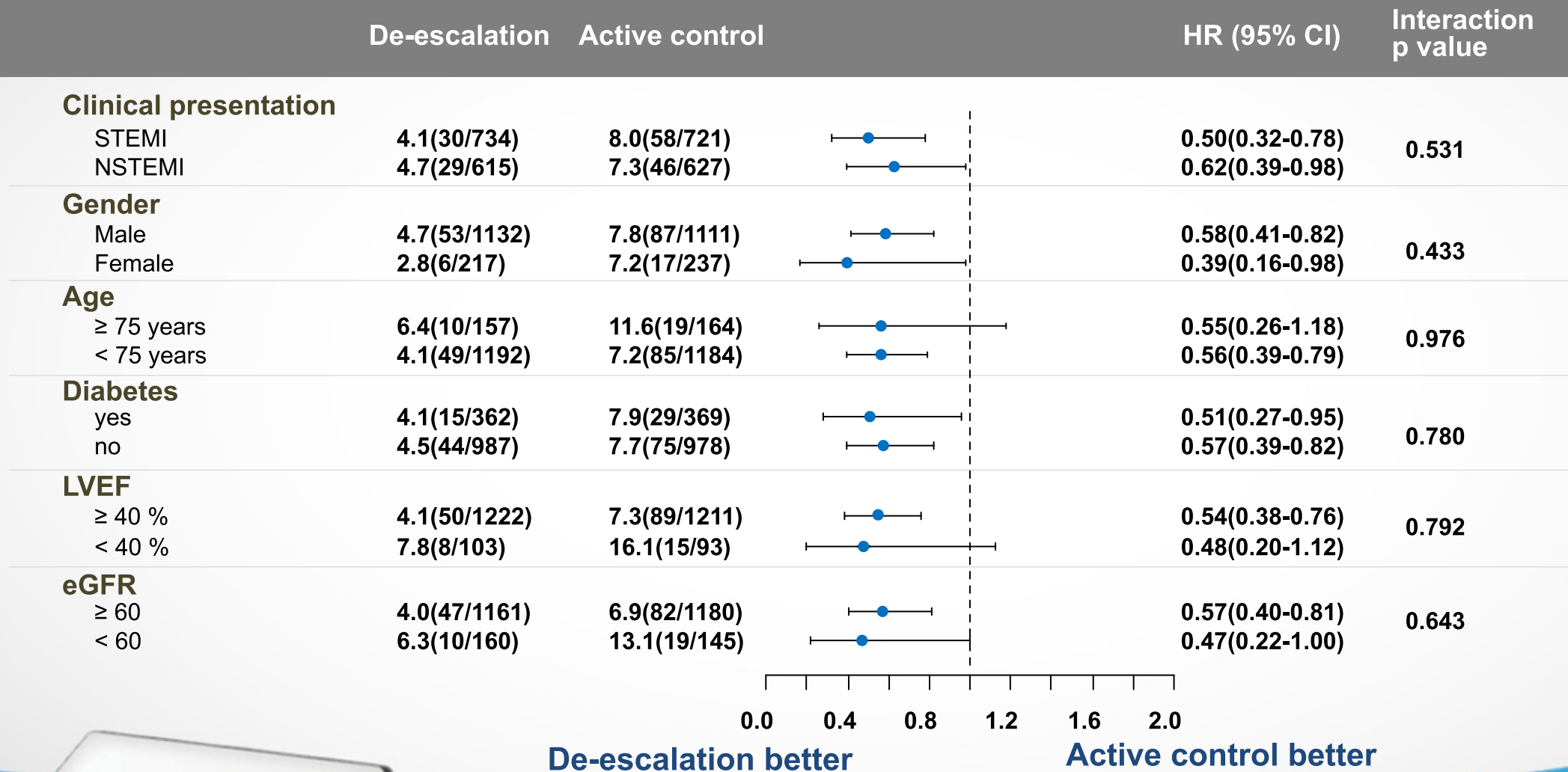
Variables	De-escalation (n=1349)	Active Control (n=1348)	HR (95% CI)	P value
Composite of BARC (2, 3, or 5)	38 (3.0)	71 (5.6)	0.52(0.35-0.77)	0.001
Composite of BARC 3 or 5 bleeding	15 (1.2)	28 (2.3)	0.53(0.28-0.99)	0.046
BARC 2	27 (2.1)	50 (3.9)	0.53(0.33-0.85)	0.008
BARC 3	15 (1.2)	28 (2.3)	0.53(0.28-0.99)	0.046
BARC 5	1 (0.1)	0 (0.0)	2.95(0.03-271.44)	0.640
Composite of CV death, MI, stroke or BARC bleeding (type 3 or 5)	36 (2.8)	61 (4.9)	0.58(0.38-0.87)	0.009

Primary & Secondary Outcomes (ITT population)

Variables	De-escalation (n=1349)	Active Control (n=1348)	HR (95% CI)	P value
All cause death	11 (0.9)	10 (0.8)	1.07(0.45-2.52)	0.877
CV death	6 (0.5)	6 (0.5)	0.98(0.32-3.03)	0.970
Any myocardial infarction	12 (1.0)	20 (1.6)	0.59(0.29-1.21)	0.150
Spontaneous	9 (0.7)	14 (1.1)	0.64(0.28-1.47)	0.290
Periprocedural	3 (0.2)	6 (0.5)	0.52(0.13-2.06)	0.354
Target vessel MI	7 (0.6)	8 (0.7)	0.86(0.31-2.36)	0.764
Stroke	9 (0.7)	13 (1.0)	0.69(0.29-1.61)	0.389
Target lesion revascularization	14 (1.1)	9 (0.7)	1.48(0.64-3.42)	0.357
Target vessel revascularization	17 (1.4)	17 (1.4)	0.97(0.50-1.90)	0.929
Any revascularization	32 (2.6)	39 (3.2)	0.80(0.50-1.27)	0.342
Stent thrombosis**	3 (0.2)	3 (0.2)	0.97(0.20-4.80)	0.969

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Subgroup Analysis



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Study Limitations

Open-label and not placebo-controlled

Conducted only in South Korea

- Prevalence of CYP2C19 LOF alleles high in Koreans
- Potential of applying this de-escalation strategy to other ethnicities

Incidences of primary endpoints: slightly lower than estimated

- De-escalation group: 4.6% vs. 9.59% // Active control group: 8.2% vs. 9.35%

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Event Rates Comparison of Major De-escalation Trials

	TALOS-AMI	TICO	Twilight-ACS	TROPICAL-ACS	POPular Genetics	HOST-REDUCE-POLYTECH-ACS
De-escalation method	A+clopidogrel from 1 month	Ticagrelor mono from 3 months	Ticagrelor mono from 3 months	PFT-guided from 2 weeks	Genotype-guided from 48 h	A+Prasugrel 5mg from 1 month
Primary Ischemic Outcome	1-12 mo incidence of CV death, MI or stroke	1-Yr incidence of CV death, MI,ST or TVR	1-Yr incidence of All-cause mortality, MI, stroke	1-Yr incidence of CV death, MI or stroke	1-Yr incidence of Vascular death, MI, ST or stroke	1-Yr incidence of CV death, MI, ST or stroke
de-escalation	2.1%	1.2%	4.3%	3.0%	2.7%	1.4%
standard	3.1%	2.0%	4.4%	3.0%	3.3%	1.8%
Primary Bleeding Outcome	BARC 2, 3, or 5	TIMI Major + Minor	BARC 2, 3 or 5	BARC 2, 3, or 5	PLATO major + minor	BARC 2, 3, or 5
de-escalation	3.0%	3.6%	4.0%	5.0%	10.1%	2.9%
standard	5.6%	5.5%	7.1%	6.0%	13.1%	5.9%

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Sensitivity Analysis

A sensitivity analysis was performed which included [a complete case](#) (only for subjects who status was known at 1 year), [a best-case](#) (assuming missing subjects of the de-escalation group were event free and missing subjects of the active control group had event at 1 year), and [a worst case](#) (assuming missing subjects of the de-escalation groups had event and missing subjects of the active control group were event free)

ITT	De-escalation	Active Control
Withdrew consent/ Lost to FU	43	49

Primary endpoints :Composite of CV death, MI, stroke and BARC bleeding type 2,3, or 5	De-escalation	Active Control	Difference (95% CI)	non-inferiority test, p value	HR (95%CI)	p value
	n=1306	n=1299				
complete case (n=2605)	59 (4.7)	104 (8.3)	-3.7(-5.6, -1.7)	<0.001	0.55(0.40-0.75)	<0.001
	n=1349	n=1348				
best-case (n=2697)	59 (4.5)	153 (12.0)	-7.5(-9.6, -5.3)	<0.001	0.37(0.28-0.50)	<0.001
	n=1349	n=1348				
a worst-case (n=2697)	102 (7.9)	104 (8.0)	-0.1(-2.2, 2.0)	0.002	0.94(0.72-1.24)	0.675

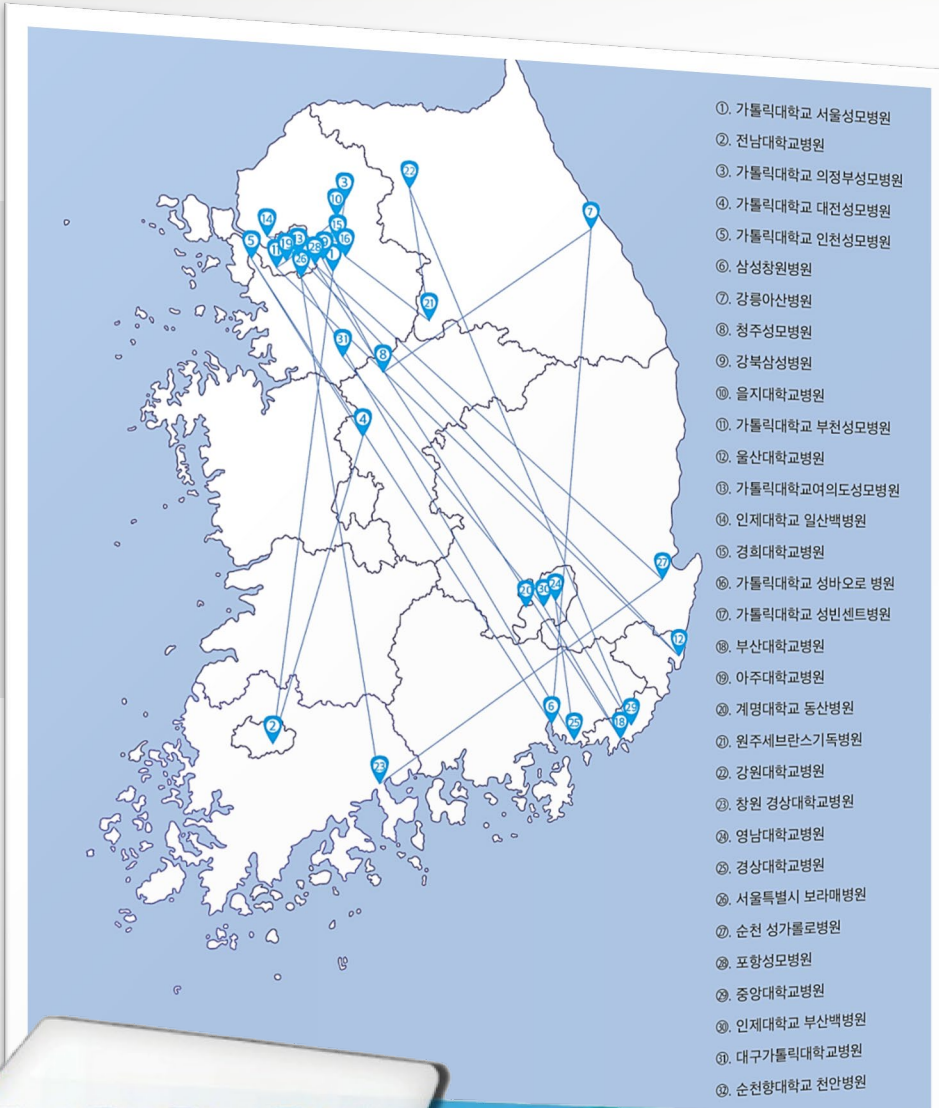
Conclusions

In AMI patients who had no major adverse events during the first month after an index PCI, **a uniform, unguided de-escalation DAPT strategy switching from ticagrelor to clopidogrel was superior to the ticagrelor-based continuing DAPT strategy** in terms of net clinical benefit, with a significant decrease in bleeding risk and no increase in ischemic risk.



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Acknowledgement



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**patients enrolled, research nurses,
study coordinators and
participating investigators.**



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